

Mental Health Matters

World Mental Health Day 2025

List of Participating An Post Branches

Arklow Post Office
Athlone Post Office
Ballina Post Office
Ballinasloe Post Office
Blanchardstown Centre Post Office
Bray Post Office
Carlow Post Office
Castlebar Post Office
Cavan Post Office
Clonmel Post Office
Cork General Post Office
Drogheda Post Office
Dun Laoghaire Post Office
Dundalk Post Office
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In Collaboration with:



National Office for Human
Rights and Equality Policy



Mental Health Reform
Promoting Improved Mental Health Services



Suicide or Survive



SAMARITANS
Dublin

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Mental Health Matters

World Mental Health Day 2025

List of Participating An Post Branches

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Longford Post Office

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Phibsborough Post Office

Portlaoise Post Office

Rathmines Post Office

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Tralee Post Office

Tullamore Post Office

Waterford Post Office

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